






# HEALTH AND SAFETY GUIDELINES FOR CRUISES DEPARTING FROM U.S. PORTS

In accordance with CDC guidelines, our cruises departing from U.S. ports through February 28, 2022, are available for guests who have received their final dose of an approved COVID-19 vaccine at least 14 days prior to the beginning of the cruise. On voyages sailing through February 28, 2022, all guests will be required to produce a negative viral COVID-19 test (PCR or antigen) result taken within 2 days of their embarkation.

## BEFORE CRUISING

-  **Review All Travel Protocols**  
Ensure that you understand requirements for traveling from your home country to the destinations you plan to visit (including air travel policies). Please also review the [prohibited items list](#) prior to leaving home.
-  **Online or Navigator® App Check-in**  
Download the Navigator app or log into [hollandamerica.com](#). Complete the Vaccine Attestation, Cruise Contract and Risk Acknowledgment as soon as possible. Complete the pre-cruise Health Questionnaire and get your boarding pass and check-in time 72-24 hours before embarkation.

## EMBARKATION








-  **Required ID and Documents**  
Bring your [required ID](#) and show completion of your health questionnaire and risk acknowledgement.
-  **Proof of COVID-19 Vaccination**  
The following are acceptable proofs of full vaccination: original COVID-19 vaccination card, digital COVID-19 certificate (QR code acceptable); or record of COVID-19 vaccination from a healthcare provider including original digital email notification, personal electronic health record, or government Immunization Information System (IIS) record.
-  **Proof of Negative Viral Covid-19 Test**  
All guests are required to produce a negative medically observed COVID-19 test (PCR or antigen) taken within 2 days of embarkation for sailings through February 28, 2022.

**For U.S. guests, Holland America Line has partnered with Quest Diagnostics to provide a COVID-19 test appointment, with results delivered within 48 hours. [Click here to find a testing location near you.](#)**

You can also contact your nearest [health center](#), pharmacy, [state health department](#), or transiting airport to learn more about their availability for COVID-19 testing.

On board we will continue to offer the award-winning cruise experience that Holland America Line is known for. All of our dining options will be available (our team will serve you at all times, even in the Lido Market), including in-room dining. Entertainment will be in full swing throughout all our popular live music venues and World Stage, along with engaging activities and destination enrichment programming.

## WHILE CRUISING

-  **Masks**  
Through February 28, 2022, all guests will be required to wear face masks in elevators and in designated indoor entertainment areas, all retail shops, and in the casino, except when eating or drinking. Guests will be required to wear face masks prior to being seated in all dining venues and Lido Market and occasionally in other areas where larger numbers of guests may congregate (signs will be posted).
-  **Shoreside Experiences**  
Holland America Line approved shore excursions are strongly encouraged; independent activities are permitted. Follow local rules and regulations while on shore.
-  **Personal Hygiene**  
Guests will be encouraged to use hand-washing sinks and hand sanitizer dispensers at venue entrances and in high-traffic areas throughout the ship.
-  **Enhanced Environmental Sanitization**  
Public areas and staterooms will be thoroughly and frequently cleaned using a safe disinfectant proven to kill coronaviruses.
-  **Medical Care**  
Our onboard team of experienced doctors and nurses are trained to manage a broad range of medical conditions including COVID-19.
-  **Ventilation**  
We have enhanced the air-handling systems on board our ships using a combination of increased circulation of fresh air together with upgraded air filtration.
-  **Pre-Disembarkation Test**  
Antigen or PCR test on day 5 or 6 for guests that require it for return home (administered on board, no charge).

**For more information  
visit [hollandamerica.com](#)  
or contact your Travel Advisor.**